

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

ROSE MEMORY GARDEN

<p>10:30 Hymn Time 11:00 Sunday Stretch 11:45 Meditation Moments 1:30 Walking Club 2:30 Sunday Social 3:30 Sing-a-long 4:30 Sunday Dinner</p>	<p>10:00 Outing: Ridgetop Coffee House 10:30 Daily Chronicle 11:15 Groovercise 11:45 Trivia Time 1:30 Walking Club 1:30 Tables of Engagement 2:30 Meditation Moments 3:15 Sports and Game Fun 4:00 Time Traveling 4:30 Dinner Set up and Service</p>	<p>10:30 Energy Exercise 11:00 News and Views 11:15 Resident Spotlight 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service</p>	<p>10:30 Energy Exercises 10:45 Daily Chronicle 11:00 Memory Fitness 1:30 Walking Club 1:30 Tables of Engagement 2:00 Wonderful Wednesday Social 3:00 Music Appreciation 3:30 Music with Jimmi 4:30 Dinner Set up and Service</p>	<p>SPA DAY 10:30 Energy Exercise 11:00 News and Views 11:15 Resident Spotlight 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service</p>	<p>10:30 Energy Exercise 10:45 Daily Chronicle 11:45 Trivia Time 1:30 Walking Club 1:30 Tables of Engagement 2:30 Meditation Moments 3:00 Baking Buddies 4:00 Senses Alive 4:30 Dinner Set up and Service</p>	<p>10:30 Mclean Bible Church 11:45 Current Events and News 1:30 Matinee Movie 1:30 Walking Club 2:00 Musical Performance: Tribute to the Movies 3:30 Game Time 4:00 Name that Tune 4:30 Dinner Service</p>
<p>Daylight Saving Time Ends</p>						
<p>Veterans Day (US) Remembrance Day (Canada)</p>						
				<p>SPA DAY 10:30 Energy Exercise 11:00 News and Views 11:15 Resident Spotlight 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service</p>		<p>Tall Oaks ASSISTED LIVING</p>