

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	10:30 Daily Chronicle 11:15 Groovercise 11:45 Trivia Time 1:30 Walking Club 1:30 Tables of Engagement 2:30 Mediation Moments 3:15 Sports and Game Fun 4:00 Time Traveling 4:30 Dinner Set up and Service	10:30 Resident Spotlight 11:00 News and Views 11:30 Energy Exercise 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service Simchat Torah	10:30 Daily Chronicle 11:00 Memory Fitness 11:30 Energy Exercise 1:30 Walking Club 1:30 Tables of Engagement 2:30 Wonderful Wednesday Social With Brian Rudolph 3:00 Music Appreciation 4:00 Radio Show with Jimmi 4:30 Dinner Set up and Service	10:00 Outing: Duck Donuts 10:30 Resident Spotlight 11:00 News and Views 11:30 Energy Exercise 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service	10:30 Daily Chronicle 11:15 Groovercise 11:45 Trivia Time 1:30 Walking Club 1:30 Tables of Engagement 2:30 Mediation Moments 3:00 Baking Buddies 4:00 Senses Alive 4:30 Dinner Set up and Service	10:30 Mclean Bible Church 11:45 Current Events and News 1:30 Matinee Movie 1:30 Walking Club 3:00 Saturday Stretch 3:30 Game Time 4:00 Name that Tune 4:30 Dinner Service	
10:30 Hymn Time 11:00 Sunday Stretch 11:45 Mediation Moments 1:30 Walking Club 2:30 Sunday Social 3:30 Sing-a-long 4:30 Sunday Dinner	10:30 Drum Circle 11:15 Groovercise 11:45 Trivia Time 1:30 Tables of Engagement 2:30 Mediation Moments 3:30 Sports and Game Fun 4:00 Time Traveling 4:30 Dinner Set up and Service Columbus Day (US) Thanksgiving Day (Canada)	10:30 Resident Spotlight 11:00 News and Views 11:30 Energy Exercise 1:30 Music Appreciation 2:00 Music In The Air With DJ Bill 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service	10:30 Daily Chronicle 11:00 Memory Fitness 11:30 Energy Exercise 1:30 Walking Club 1:30 Tables of Engagement 2:00 Wonderful Wednesday Social 3:00 Music Appreciation 3:30 Crafters Corner 4:30 Dinner Set up and Service	10:00 Outing: Scenic Drive 10:30 Resident Spotlight 11:00 News and Views 11:30 Energy Exercise 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service	10:30 Daily Chronicle 11:15 Groovercise 11:45 Trivia Time 1:30 Walking Club 1:30 Tables of Engagement 2:30 Mediation Moments 3:00 Baking Buddies 4:00 Senses Alive 4:30 Dinner Set up and Service	10:30 Mclean Bible Church 11:45 Current Events and News 1:30 Matinee Movie 1:30 Walking Club 3:00 Saturday Stretch 3:30 Game Time 4:00 Name that Tune 4:30 Dinner Service	
10:30 Hymn Time 11:00 Sunday Stretch 11:45 Mediation Moments 1:30 Walking Club 2:30 Sunday Social 3:30 Music with Micki 4:30 Sunday Dinner	10:30 Daily Chronicle 11:15 Groovercise 11:45 Trivia Time 1:30 Walking Club 1:30 Table of Engagement 2:00 Echo of Nature: Live Animals 3:15 Sports and Game Fun 4:00 Time Traveling 4:30 Dinner Set up and Service	10:30 Resident Spotlight 11:00 News and Views 11:30 Energy Exercise 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service	10:30 Daily Chronicle 11:00 Memory Fitness 11:30 Energy Exercise 1:30 Walking Club 1:30 Tables of Engagement 2:00 Wonderful Wednesday Social 3:00 Music Appreciation 3:30 Music with Jimmi 4:30 Dinner Set up and Service	10:30 Resident Spotlight 11:00 News and Views 11:30 Energy Exercise 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service	10:30 Daily Chronicle 11:15 Groovercise 11:45 Trivia Time 1:30 Walking Club 1:30 Tables of Engagement 2:30 Mediation Moments 3:00 Baking Buddies 4:00 Senses Alive 4:30 Dinner Set up and Service	10:30 Mclean Bible Church 11:45 Current Events and News 1:30 Matinee Movie 1:30 Walking Club 2:00 Musical Performance: Nashville Standard 3:30 Game Time 4:00 Name that Tune 4:30 Dinner Service	
10:30 Hymn Time 11:00 Sunday Stretch 11:45 Mediation Moments 1:30 Walking Club 2:30 Sunday Social 3:30 Sing-a-long 4:30 Sunday Dinner	10:30 Daily Chronicle 11:15 Groovercise 11:45 Trivia Time 1:30 Walking Club 1:30 Table of Engagement 2:30 Mediation Moments 3:15 Sports and Game Fun 4:00 Time Traveling 4:30 Dinner Set up and Service	10:30 Resident Spotlight 11:00 News and Views 11:30 Energy Exercise 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service	10:30 Daily Chronicle 11:00 Memory Fitness 11:30 Energy Fitness 1:30 Walking Club 1:30 Tables of Engagement 2:00 Wonderful Wednesday Social 3:00 Music Appreciation 3:30 Crafters Corner 4:30 Dinner Set up and Service	10:00 Outing: Leesburg Farm 10:30 Resident Spotlight 11:00 News and Views 11:30 Energy Exercise 1:30 Music Appreciation 2:30 Art Exploration 3:00 Circuit for Seniors 4:00 Travelogue 4:30 Dinner Set up and Service 5:00 Family Night Performance	10:30 Daily Chronicle 11:15 Groovercise 11:45 Trivia Time 1:30 Walking Club 1:30 Tables of Engagement 2:30 Mediation Moments 3:15 Baking Buddies 4:00 Senses Alive 4:30 Dinner Set up and Service	10:30 Mclean Bible Church 11:45 Current Events and News 1:30 Matinee Movie 1:30 Walking Club 3:00 Saturday Stretch 3:30 Game Time 4:00 Name that Tune 4:30 Dinner Service	
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