

Sunday

Monday


Tuesday

Wednesday

Thursday

Friday

Saturday



August 2017
Tall Oaks
ASSISTED LIVING

<p>9:30 60 Minute Workout with Josh 10:30 Hymn Sing with John 11:30 Men's Lunch Bunch-Paisano's 1:00 Puzzles/Walking Club 1:30 Reston Bible Church Service 2:30 Ice Cream Social 1:30 Movie Matinee 3:00 Live Entertainment-Tom Stringer 4:00 Balloon Volleyball 6:00 Bingo with Fatima and Rianne 6:30 Movie</p>	<p>9:30 Full Sturgeon Moon-Facts 10:00 This Day in History 10:30 Catholic Mass 10:30 Groovercise with Karen 11:15 Thomas Time 1:30 Movie Matinee /Word Games 2:30 Dr Roger Presents Classical Opera 3:30 Trivia -Ancient Civilizations 4:00 Balloon Volleyball 6:30 Movie 7:00 Bible Circle</p>	<p>9:30 Guinness Book Of World record-Can we beat it ? 10:00 Chair Dancing 10:00 Outing-National Harbor 10:45 The Price IS Right-Team Games 1:30 Movie Matinee 2:00 Music And Memories 3:00 Bingo/Scenic Train Journeys Across The World 4:00 Stretch And Tone 6:30 Movie</p>	<p>9:30 The Daily Chronicle 10:00 Shopping-Wegmans 10:00 Kickboxing 10:30 August Trivia 11:30 Lunch Outing -Uncle Julio's 1:30 Table Games /Movie Matinee 2:30 Discuss and Recall-Paint Your World 3:30 Cheese and Wine with Live Entertainment 6:00 Singing with Sarah 6:30 Movie</p>	<p>9:30 Fruity News 10:00 Jiving with Joelle 10:30 Origami Class with Sofia 1:00 Tile Games 1:30 Movie Matinee 1:45 Group Discussion -Define Success 3:00 Art Class with Nadine -Leaf Art 4:00 Stretch and Tone 6:30 Movie 7:00 Eve Of Fellowship</p>	<p>9:30 News Current 10:00 Memory Fitness 10:30 Laughter Yoga 11:00 Resident Spotlight-Gloria 1:00 Puzzles and Pondering 1:30 Movie Matinee 1:30 Make Your Own Jewelry 3:00 Farewell To Tim 3:30 Happy Hour-Frank Plumer 6:00 Bingo with Marcy 6:30 Movie</p>	<p>9:30 Stretch and Tone 10:00 Front Porch Singers 11:00 The Daily Chronicle 1:00 Walking Club 1:30 Movie Matinee 2:00 Baking with Joelle 2:00 Puzzles and Pondering 3:00 Wii Bowling 4:00 Humor For The Day 6:30 Movie</p>
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<p>9:30 Episcopal Service TALL OAKS LUAU 11:30-1:00 WITH LIVE ENTERTAINMENT - Dancers, Face Painting, Balloon Artist and more..... 2:00 Hula Dancers 6:30 Movie</p>	<p>9:30 This Day In History-V J Day 10:30 Groovercise with Karen 11:15 Thomas Time 1:30 Movie Matinee 1:30 Spanish with Reenu 2:30 Cranium Crunches 3:00 Natalie Presents: "The Oscars" (Light Refreshments will be served) 6:30 Movie 7:00 Bible Circle</p>	<p>9:30 Guinness Book Of World Records-Can we Beat it? 10:00 Music Therapy with Josh and Max 10:30 Outing 10:45 Kickboxing 1:30 Movie/Word Games 2:00 Mad Libs with Pro Health's Christie 3:15 Brain Fitness 6:00 Bingo with Rianne 6:30 Movie</p>	<p>9:30 The Daily Chronicle 10:00 Shopping-Wal-Mart 10:00 Kickboxing 10:30 Sing Along with Christine 1:30 Movie Matinee 'and Popcorn Social 3:30 Cheese and Wine with Live Entertainment 6:00 Singing with Miki 6:30 Movie</p>	<p>9:30 Ted Talks -Do Schools Kill Creativity? 10:00 Jiving with Joelle 10:30 Artmobile Speaker Presents: "Telling Tales" 1:30 Movie Matinee 2:00-4:30 Reenu's Indian Cooking Class 2:00 Balloon Volleyball 3:00 Art Class with Nadine 6:30 Movie 7:00 Eve Of fellowship</p>	<p>9:30 News Current 10:00 Memory Fitness 10:30 Laughter Yoga 11:00 Resident Spotlight-Roger 1:00 Tables Games 1:30 Movie Matinee 2:00 Arts and Crafts 3:00 Trivia 3:30 Happy Hour with Live Entertainment 6:00 Bingo with Marcy 6:30 Movie</p>	<p>9:30 News Current 10:30 Chair Yoga with Kevin 10:30 Shabbat 11:15 Ted Talks -My Voice Is Powerful 1:00 Walking Club 1:30 Card Games 1:30 Movie Matinee 2:00 Piano Recital with Jailin 3:00 Wii Bowling 4:00 Brain Games 6:30 Movie</p>
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<p>9:30 60 Minute Workout 10:30 Hymn Sing with John 11:30 Lunch Bunch -Paisano's 1:00 Word Games 1:30 Reston Bible Church Service 1:30 Movie Matinee 2:30 Ice Cream Social 3:30 Live Entertainment-Dave Lovins Accordionist 6:00 Bingo with Fatima and Rianne 6:30 Movie</p>	<p>9:30 National Senior Citizen Day 10:00 Resident Spotlight 10:30 Groovercise with Karen 11:15 Thomas Time 1:30 Movie Matinee 1:30 Word Games 2:30 Celebrate National Senior Citizens Day! -The Age of Champions!" with Natalie - Wine, Beer, and Pizza 6:30 Movie 7:00 Bible Circle</p>	<p>9:30 Who Am I? 10:00 Kickboxing 10:00 Outing 10:45 Understanding Chinese Medicine 1:30 Movie Matinee/Walking Club 2:00 Sensory Moments-Making Sense of Citrus 3:00 Corn Hole Toss-Team Games 4:00 Travelogue-Amalfi 6:00 Bingo with Rianne 6:30 Movie</p>	<p>9:00 Bowtie Movie -The Promise 10:30 Shopping-Safeway/CVS 10:00 Kickboxing 10:15 Echo Of Nature -Live Animal Program 11:15 Poetry with David Booker 1:30 Movie Matinee/Walking Club 2:00 No Stress Art/Ted Talks 3:30 Cheese and Wine-Showing Highlights Of The Talent Show 6:00 Singing with Miki 6:30 Movie</p>	<p>9:30 The Daily Chronicle 10:00 Laughter Yoga 10:30 Group Discussion-Does Money equate to happiness 11:15 Poetry with David Booker 1:00 Chess/Backgammon Club 1:30 Kimberley Steine Presents: "Rembrandt" 3:00 Art Class with Nadine 4:00 Resistance Exercise 6:30 Movie 7:00 Eve Of Fellowship</p>	<p>9:30 News Current 10:00 Memory Fitness 10:30 Laughter Yoga 11:00 Staff Spotlight-Joelle 1:00 Puzzles and Pondering 1:30 Movie Matinee 2:00 Arts and Crafts 3:00 Ted Talks 3:30 Happy Hour with Live Entertainment 6:00 Bingo with Marcy 6:30 Movie</p>	<p>9:30 News Current 10:30 Chair Yoga with Kevin 11:15 The Daily Chronicle with Sophia 1:00 Puzzles and Pondering 1:00 Walking Club 1:30 Movie Matinee 2:00 Baking with Joelle 3:00 Memory Fitness 3:45 Balloon Volleyball 6:30 Movie</p>
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<p>9:30 60 Minute Workout 9:30 Episcopal Service 10:30 Hymn Sing with John 1:30 Reston Bible Church Service 1:30 Movie Matinee 2:30 Ice Cream Social 3:00 Entertainment Saxophone with Aveesh 4:00 Laughter Yoga 6:00 Bingo with Fatima and Rianne 6:30 Movie</p>	<p>9:30-Martin Luther King-History 10:30 Groovercise with Karen 11:15 Thomas Time 1:00 Movie Matinee 1:30 Tile Games 2:30 Wandering Docent Presents "The Renaissance and Beyond" 3:30 Spanish with Reenu 4:00 Stretch and Tone 6:30 Movie 7:00 Bible Circle</p>	<p>9:30 Humorous Senior Moments 10:00 Kickboxing 10:00 Outing/Chefs Food Meeting 10:45 This Day In History 11:15 Poetry with David Booker 1:30 Movie Matinee/Bingo 2:30 Make Your Own Jewelry 2:30 Trivia-History Of The United States-Team Games 3:30 Music and Memories 6:00 Bingo with Rianne 6:30 Movie</p>	<p>9:30 The Daily Chronicle 10:00 Shopping-Whole Foods 10:00 Kickboxing 10:45 Expand Your Mind 1:00 Walking Club /Chess Club 1:30 Movie 2:00 Trivia-1960's-Team Games 3:00 Golfers Challenge 3:30 Cheese and Wine Social with Live Entertainment-Yvonne 6:00 Singing with Miki 6:30 Movie</p>	<p>9:30 Bio-The First Lady 10:00 Jiving with Joelle 10:45 Baking Club-Chocolate Covered Strawberries 1:00 Table Games 1:30 Walking Club 1:30 Movie Matinee 2:00 Pokeno 3:00 Art Class with Nadine 4:00 Mediation Moments 6:30 Movie 7:00 Eve Of Fellowship</p>	<p>ASSISTED LIVING ACTIVITY CALENDAR AUGUST 2017</p> <p>Schedules are subject to change and will be shown on the daily calendar</p>	
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